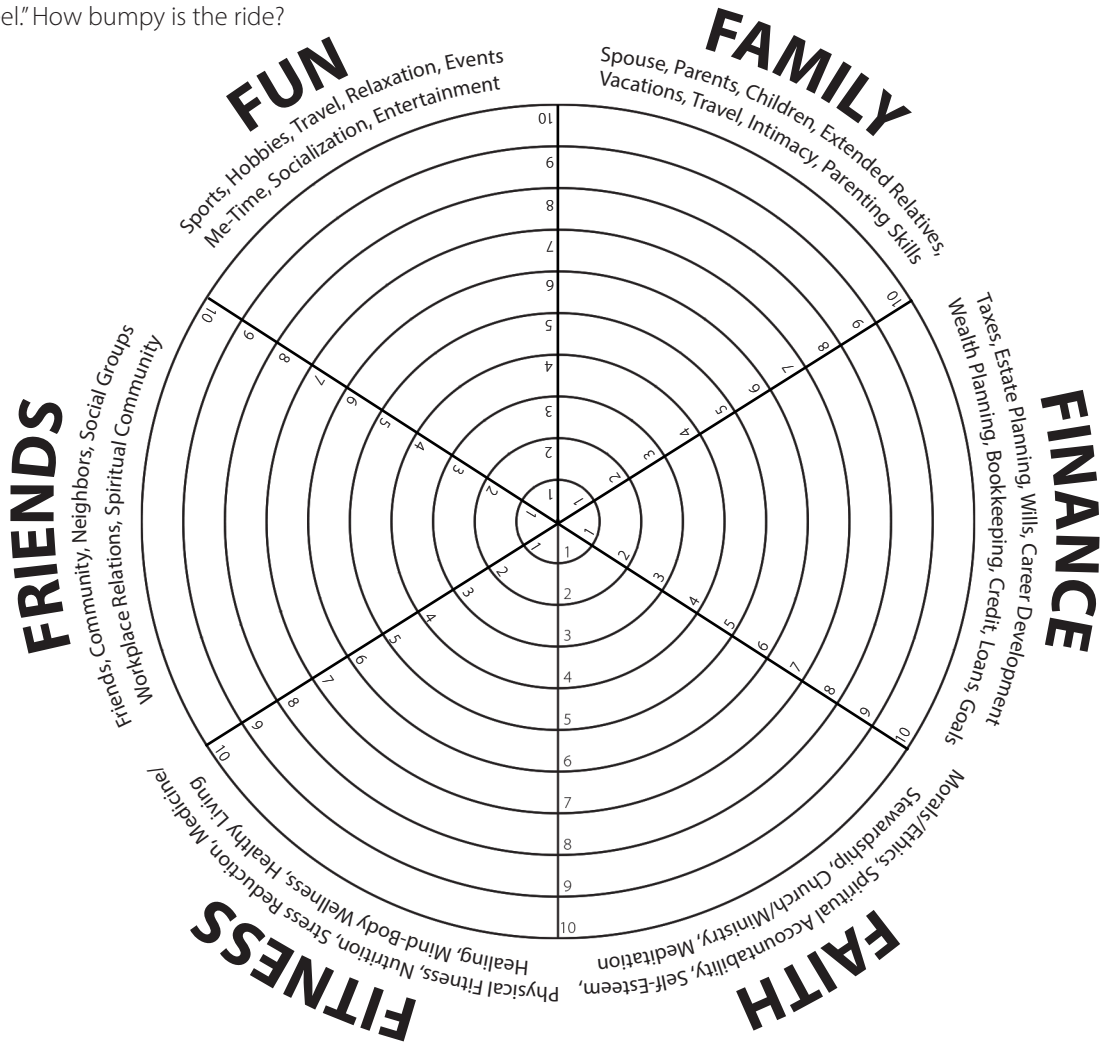


WHEEL OF LIFE – SIX F'S



For each of the six areas of your life, rate your level of satisfaction for each area by scoring it 0 to 10. (0 = Lowest level of satisfaction and 10 = Highest level of satisfaction) Place a dot on the line that represents your score. Next, shade inside the circle for each section, creating a "wheel." How bumpy is the ride?



AREA:	NOW	GOAL	ACTION ITEMS: WHAT WILL YOU DO TO IMPROVE THIS AREA?
FAMILY:			
FINANCE:			
FAITH:			
FITNESS:			
FRIENDS:			
FUN:			

