



### THE SECRET IS: FLEXIBILITY OF BEHAVIOR

***“It is not the strongest of the species that survives, nor the most intelligent that survives. It is the one that is most adaptable to change.***

– Charles Darwin

Challenging times are punctuated with uncertainty, upheaval and conflicting information. The old models no longer apply. It is imperative that you remain calm and collected and understand how to maintain a state of peak performance so that you are able to make the best possible decisions rapidly and in the absence of data or precedence. You need to shift your mindset.

During adversity and challenge, great leaders do one key thing differently than other people: they remain open to change and opportunity instead of shutting down in fear and uncertainty.

Highlights of this program include:

- How to maximize your adaptability in any circumstance.
- Understanding the critical guidance system for decision-making.
- How to discern the voice of intuition from the voice of fear.

This program will focus on teaching you the skills that you need to be powerful in the face of adversity. It will also give you tools that you can use to help guide and support your team as you move towards solutions. By keeping your employees focused, positive, engaged and connected, you will be able to remain productive and find opportunities during even the most challenging circumstances.

#### HIGHLIGHTS

Understand the process of change and the key components needed to ensure that a pivot is possible.

Discover how to be in control of your state regardless of the circumstances around you.

Learn the importance of focus when it comes to getting results.

Discover the emotional guidance system and learn how to use it when you are off track.

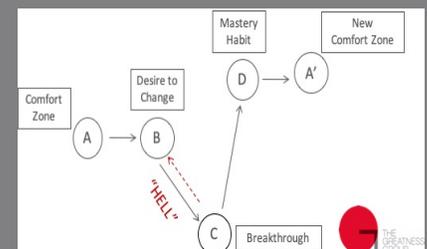
Understand the impact of stress and how to shift out of the stress response every time you choose.

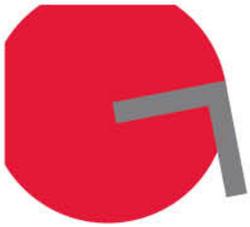
Learn about the basis for accessing intuition and the practices that encourage success.

How to differentiate between the voice of intuition and the voice of fear, doubt and anxiety.

Learn powerful techniques for eliminating negative emotions and creating a coherent state.

How to be a leader for others to follow given that the person or system with the most flexibility of behavior will control the system.





# LEADERshift

peak performance in any circumstance

## ABOUT THE GREATNESS GROUP

The Greatness Group engineers individual and team-based programs to boost your performance quickly and permanently. Our process is simple and tangible – we look at whatever problem is holding you back and solve it. In a way that you can measure. We reveal the greatness in all your people – no matter your industry, size-of-business or issue holding you back. We are your partners in peak performance.

The Greatness Group is committed to delivering results in our programs and consulting. All of our programs are experiential in nature and engage all three learning modalities: visual, auditory and kinesthetic. We also employ accelerated learning techniques to maximize the efficiency of the learning process. We specialize in the ability to be able to translate the learnings back to the workplace, so they can be applied immediately. Finally, and most importantly, our programs have a very high energy level with stimulating activities, games, simulations and exercises. The programs are fun and engaging. And let's face it; it's much easier to learn when you're having fun!



**ABOUT GINA – Certified Master Trainer of NLP and Hypnosis. Certified Trainer at the Master Level of TimeLine Therapy® and Coaching. Certified HeartMath® Trainer. Ancient Huna Initiate.**

**Gina Mollicone-Long** helps people get out of their own way so they can get what they want. She is an international best-selling author, compelling speaker and performance expert with a personal mission to reveal greatness in individuals, teams and organizations. She is the co-founder of The Greatness Group, a multi-national corporate team building and training company. Since 1998, she has trained, coached or spoken to tens of thousands of people globally. Her books, *Think or Sink* and *The Secret of Successful Failing* are widely read and enjoyed by people around the globe. An avid world traveler, Gina's experience with diverse cultural perspectives gives her programs universal relevance that helps her connect with audiences everywhere. Visit [www.GinaMollicone.com](http://www.GinaMollicone.com) for more information about Gina.

***“An awesome, high energy, technical and inspiring virtual session – much needed during these times of crisis and uncertainty. Great learnings in controlling yourself internally, helping you win externally and achieve goals”***

*- Doron Kalinko, CEO, SmartyBuyGlasses.com, Shanghai, China*

***I recently heard some great reminders by Gina Mollicone-Long about the importance of control in your life and your business. When you are able to control your focus, you can control what's possible for yourself. Great lessons there. At this time of uncertainty, it's a great reminder that we can still “captain our own ship.”***

*Kristin McLane, CEO, CIMx Software, NYC, USA*

***“Gina provided valuable insights and a roadmap on how to emerge from this challenging period. What stood out the most was the process of change (wherein one typically goes through “hell” trying out a variety of actions / initiatives before a breakthrough) and how to take action (by focusing on what you want, choosing positive emotions, and having the physiology of power). Gina was awesome with the audience on the virtual platform.”***

*-Edison Yap, Director and GM, Clairmont, Philippines*

## THE DETAILS

**Format: Virtual event**

**AV Needs: Video virtual conferencing software**

**CALL US TO GET A QUOTE FOR YOUR GROUP:**

1-866-994-6832

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